

ASA24 Training

Module 2 Lesson 1

Self-Guided Exercise: Unknown kind and other kind food items


Objective

To practice identifying situations in which it is appropriate to use the unknown kind and other kind food items for reporting foods and drinks.

Materials

- ASA24 website: <https://asa24.nci.nih.gov/>
- ASA24 username and password

Instructions

1. Start by opening the ASA24 website and logging in with one of the usernames and passwords you were emailed.
2. Add a meal.
3. Then click 
4. Follow the instructions below.
5. After you have finished, return to the Canvas website to complete the quiz for this lesson.

Example 1: Pancakes

Search for pancake and filter to the *Pancake, Waffle, Crepe (13)* category.

Now, pretend you are helping a respondent who isn't sure which food to choose and has called you over for help. The respondent says "I had pancakes for breakfast yesterday, but I don't know which of these to choose."

You can help the respondent by asking, "Was it similar to any of the pancakes on this list? Blueberry, buckwheat, buttermilk, chocolate chip...or something else?" (Go through the whole list with them). Depending on what the respondent says next, decide which food should be chosen:

1. If the respondent says, "It was similar to a whole wheat pancake", which food item should you choose?
2. If the respondent says, "I don't know," you might follow up with something like, "Well describe them for me" to try to figure out if the food they ate would be a close match for one of the options shown. If they again say "I don't know," which food item should you choose?
3. If the respondent says, "It wasn't really like any of those, I make them with rye flour and put walnuts in them," which food item should you choose?

Example 2: Cheese

Next, search for “cheese” and filter to the *Cheese* (62) category. Again, pretend a respondent called you over and said, “I had some slices of cheese at a friend’s house yesterday, but I don’t know which one to choose.”

You can help the respondent by asking, “Was it similar to any of the cheeses on this list? Brie, American, Asiago, Blue, Cheddar . . . or something else?” (Go through the whole list with them). Depending on what the respondent says next, decide which food should be chosen:

1. If the respondent says, “I really don’t know” which food item should you choose?
2. If the respondent says, “It was similar to a brie cheese, it was soft” which food item should you choose?
3. If the respondent says, “It wasn’t really like any of these choices, I think it was like a manchego” which food item should you choose?

Please return to Canvas to complete the quiz for this lesson:

<https://usucourses.instructure.com/courses/130>